



GYMNASTICS NOVA SCOTIA

5516 Spring Garden Road, Halifax, NS B3J 1G6
Tel: (902)425-5450, ext. 338, fax: (902)425-5606
e-mail: gns@sportnovascotia.ca
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NCCP Foundations - Introduction Course Artistic and Trampoline Gymnastics

Halifax ALTA Gymnastics Club December 17-18, 2011

The new NCCP Foundation Program focuses on developing coaches through a Technical, Theory and Discipline specific curriculum. After completing the first weekend of the foundation course (Foundations Intro), coaches will be asked to register for a second course to do the Foundations Theory and Foundations Discipline training (artistic gymnastics discipline or trampoline discipline). After taking both courses, coaches will then be “**Trained**” in Foundations for the specific discipline they completed and be prepared to take inexperienced athletes and provide them with safe and educational training sessions. Further evaluation is required for coaches to become “**Certified**” in Gymnastics Foundations.

Course Conductors: Eleanor Melrose

Course Duration: 15 hours

Requirements: All participants must be sixteen (16) years of age or have completed CIT training **(No Exceptions).**

Dates/Times

Dec 17th, 2011 8:30am–12:00pm, 1:00pm–5:00pm *

Dec 18th, 2011 8:30am–12:00pm, 1:00pm–5:00pm *

Location:

Halifax ALTA Gymnastics Club
3360 Barnstead Lane (off Bayer's Road)
Halifax, NS ph: 453-2582

*Times may change slightly

Cost: \$125.00 per member (GNS members, please pay **\$100** as \$25 will be paid by GNS)
\$150.00 per non-member.

Course fees are to be made payable to Gymnastics Nova Scotia and must accompany your registration form. This information must be RECEIVED in the GNS office by Friday, December 9th, 2011 after which a \$25 late fee will apply. Only those who have prepaid to the GNS office will be permitted to take the course. If there are insufficient numbers registered by **December 9th**, the course may be canceled and you will receive a full refund. **If registrants cancel before the registration deadline date (December 9th), a \$25 administrative fee will be charged and the remainder of the course fee will be refunded. If registrants cancel after the deadline date, they will not receive a refund.**

Please note that registration is on a first-come, first-serve basis!

Application Deadline: **Friday, December 9th, 2011 ****

A \$25.00 late fee will be charged after this date

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NCCP Foundations - Introduction Registration Form

First Name: _____ Last Name: _____

Address: _____ City: _____

Prov: _____ Postal Code: _____

E-mail Address: _____

Phone #: _____ Fax#: _____ DOB _____ / _____ / _____
day / month / year

NCCP CC# _____ **Please note:** You would only have this number if you are involved in another sport or have taken the old Level 1 Theory course – Part A

Registration amount enclosed:

- Yes, I am a GNS Club Member (\$100 enclosed)

Club: _____ GNS Number: _____

- Yes, I am a GNS Club Member and my club will be providing a cheque for \$100.

Club: _____ GNS Number: _____

- No, I am not a GNS Club member (\$150 enclosed)

**Application Deadline: Friday, December 9th, 2011 **
A \$25.00 late fee will be charged after this date**

Please return with payment

Cheques made payable to: Gymnastics Nova Scotia
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