



# **GYMNASTICS NOVA SCOTIA**

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## **Memorandum**

**To: GNS Clubs (Head Coaches, Presidents, Ed & Rec Representatives)**

**From:** Angela Gallant, Executive Director

**Re: 2009/2010 Coaches Requirements & Forms**

**Date:** July 30, 2009

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Attached, please find a coaches registration database sheet that must be filled out for your club coaches in addition to the main database that includes everyone. Please list your coaches on the attached coach list and indicate each coaches' certification level.

The addition of this database will make it easier for the appropriate course scheduling by Gymnastics Nova Scotia and hopefully for your club to identify staff training needs. Please check certification levels of your staff carefully, so that any discrepancies can be checked out right away.

### **RESPECT IN SPORT Program**

**This is an internet based program that all gymnastics coaches in Canada are required to complete. Information has been sent to all GNS clubs on numerous occasions and coaches must have completed this 3 hour internet based course in order to register with GNS in September. You are required to enter the coaches RIS Certification Number on this form. If the coach does not have this number but has completed the course, please contact me and I can look it up on the system.**

### **Child Abuse Checks and Criminal Checks**

**Please remember that clubs must have their coaches complete Child Abuse Checks and Criminal Checks at least every 3 years. Please note that these are 2 separate checks with a separate process for each. It is the club's responsibility to have this completed for each coach and to maintain the records in the club. THIS IS REQUIRED IN ORDER FOR YOUR CLUB TO BE INSURED THROUGH GNS.**

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### **Head Coaches**

Please be advised that it is assumed you are supervising the Practical components of your junior and assistant coaches unless another supervisor/mentor is named. This is serious responsibility – supervising the practical application of the candidates' new information is perhaps the most critical part of their training. Ensure that the assigned Practical tasks are complete (**including any workbook requirements**) and the candidate is competent and comfortable before you sign their Practical component.

### **Trampoline as a Teaching Aid**

When using a trampoline as a teaching aid in Artistic gymnastics, coaches are reminded that Level 1 includes all “bail out” and introductory skills necessary to ensure safe progressions for the athlete to learn more difficult skills. **For this reason, GNS policy requires Level 1 Trampoline certification for coaches using a trampoline as an aid in an Artistic program.** In addition, the TTPC recommends that all Artistic athletes using the trampoline as an aid in skill progression should first be proficient in Level 1 trampoline skills.

### **Minimum Standards**

For minimum standards required by GNS, please refer to the GNS Policy Manual or see attached (Appendix D – Registration info).